



PRSD trustees, employees and school volunteers shall model and encourage healthy food choices.

Foods available in schools are in accordance with the guidelines outlined in the Manitoba School Nutrition Handbook.

Staff, students, and school volunteers planning activities, events, and programs shall make decisions that are in accordance with the Nutrition Policy.

Nutrition messages throughout the school shall be consistent with and reinforce the policy.

Education is vital to the successful implementation of the Nutrition Policy, and should involve parents/guardians and the school community to gain their support. Students shall receive nutrition education that teaches the knowledge, skills, and attitudes that promote healthy eating habits for a lifetime.

Schools in PRSD are required to prepare a written policy respecting school food and nutrition, and to adhere to the provisions of the Public Schools Act, section 41 (1). Schools shall also comply with the provision of section 47.2 (2), specifically with regard to ensuring artificial trans-fats are not contained in packaged foods or other food products a school sells or distributes to students. Vegetable oil or spreadable margarine used in the preparation of foods at a school must not exceed two per cent (2%) of the product's total fat content. The trans-fat content of other foods, excluding meat or dairy products, must not exceed five per cent (5%) of the food's total fat content.

Exceptions shall be made for special circumstances, such as a student's lunch brought from home, school bake sales, hot dog days or pizza lunches if the food items are not available in the school on a daily basis.

Teachers shall receive appropriate professional development and resources to achieve nutrition outcomes as outlined in the "Kindergarten to Grade 12 Physical Education/Health Education Manitoba Curriculum Framework of Outcomes for Active Healthy Lifestyles".

See: <http://www.edu.gov.mb.ca/k12/cur/physhlth/framework/>

Support staff shall receive information and resources to assist them in understanding and promoting the nutrition policy and regulation.