

A **School Social Worker** can help students to:

- Increase academic success
- Maximize educational opportunities
- Maintain meaningful relationships
- Cope with crisis situations
- Develop self-discipline
- Learn problem-solving and decision-making skills
- Cope with social, emotional and/or behavioural difficulties
- Improve school attendance
- Build self-esteem
- Cope with stress
- Understand mental health
- Feel respected and safe
- Appreciate diversity
- Learn from mistakes
- Know how to ask for help



As learners advance through early, middle and senior years in Prairie Rose School Division they will experience a broad education relevant to their individual needs; enabling them to thrive in an increasingly complex world. Learners will be emotionally invested, actively engaged, and reflective in their learning.

## PRAIRIE ROSE SCHOOL DIVISION

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## School Social Worker



What is a School Social Worker?

How do they work with students?

When to ask for a referral to a School Social Worker?

# The Role of the School Social Worker in Prairie Rose School Division



## What is a School Social Worker?

A School Social Worker or clinician is a member of the Prairie Rose School Division Student Services team.

A School Social Worker in Manitoba must have a minimum of a Bachelor of Social Work degree and be certified as a School Clinician in Manitoba, respecting the ethics, standards and guidelines set by their National Association.

## How do they work with students?

A **School Social Worker** will help children, adolescents and families to work out social, emotional or mental health issues experienced in the school or home.

This work is done in collaboration with students, school teams, parents/guardians and other professionals.

A **School Social Worker** will find the best solution for students who are experiencing social, emotional or behavioural difficulties at school, home or community by providing:

- Social-emotional assessments
- Individual counselling (student, parent, family)
- Group work (students, parents)
- Home-School-Community liaison
- Prevention and education
- Crisis intervention
- Referral to outside agencies
- Advocate for students and their families
- Risk/Threat assessments

## When to ask for a referral to a School Social Worker?

Students, parents/guardians or teachers can always talk with a **School Social Worker**.

If there are substantial concerns a referral may be the best option to help work through issues to create safe, healthy and supportive environments at school and at home.

A **School Social Worker** may become involved when students:

- Feel afraid to go to school
- Struggle academically
- Worry about their sexuality
- Feel depressed or anxious
- Experience mental health issues
- Experiment with drugs and alcohol
- Think about suicide
- Live with trauma or abuse
- Worry about bullying, loneliness, divorce or death
- Face difficult life transitions
- Encounter problems with family or friends

