



**The Guidance Counsellor is a member of the In-School Team:**

Classroom teachers, parents/guardians or students may seek support from the In-School team to identify academic, social or emotional concerns that require support beyond what has been or can be provided at the Core Team level.

It is at the In-School Team level that development and coordination of school supports and procedures for students experiencing difficulties occur.



As learners advance through early, middle and senior years in Prairie Rose School Division they will experience a broad education relevant to their individual needs; enabling them to thrive in an increasingly complex world. Learners will be emotionally invested, actively engaged, and reflective in their learning.

**PRAIRIE ROSE SCHOOL DIVISION**

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**School  
Guidance  
Counsellor**



What is a School Guidance Counsellor?  
What do they do?  
How do they work with students?

# The Role of the Guidance Counsellor in Prairie Rose School Division

## What is a **Guidance Counsellor**?

A **Guidance Counsellor** is a member of the Prairie Rose School Division Student Services team.

As outlined by Manitoba Education, certified school **Guidance Counsellors** are required to possess a bachelors degree in Education, a valid teaching certificate, 30 credit hours of university course work at the post-baccalaureate level (or above), and a minimum of 2 years successful teaching experience.

## What do they do?

**Guidance Counsellors** are trained to support whole-class, small groups or individual students in such areas as: academic skills, organizational support, study and test-taking skills, self-regulation programming & strategies, education in understanding self and others, coping strategies, peer relationships and effective social skills, communication, problem-solving, decision-making, conflict resolution, substance abuse education, multicultural, diversity awareness and mental health awareness.

## How do they work with students?

**Guidance Counsellors** work as team teachers; particularly to integrate counselling concepts with outcomes presented in the ELA , health & physical education curricula.

They will support teachers and students through:

- Planning and implementing programs and services such as, peer helping, conflict resolution, social skills and healthy lifestyle choices
- Assisting in the development of effective behavioural change
- School-based consultation, planning and coordination within and beyond the school setting in the best interest of students
- Focus on prevention services that relate to safe, caring and effective school environments:
  - classroom profiles,
  - differentiating instruction,
  - bullying awareness programming,
  - positive behaviour systems,
  - and promoting diversity and inclusion

A **Guidance Counsellor** may meet with a student in a small group or one-on-one to briefly assist with the following school based concerns:

- Friendships
- Family separation, divorce or loss
- Education in understanding of self; including strengths and weaknesses,
- Depression or anxiety
- Transition planning at potentially higher stress times in a student's life; for example, moving into the high school setting, post secondary or to working life

If individual student supports are needed for a prolonged period of time, services will generally be referred to the School Social Worker.

